

# DECLARING A BREAKDOWN

## PROBLEM

"Something is *wrong*."

"This should **not** be..."

### *What to do?*

Resist

Explain or Excuse

Justify or Blame

Survive

Fix or Change

Victim

Isolated

Repetition

Competition: Win/Lose

Force an Outcome

In Repair

***Driver of Present  
Experience:***

*Your Story about the Past.*

## BREAKDOWN

"Something to *learn*."

"This **is**..."

### *How to be.*

Acceptance

Responsible

Learning

Grow

Creative

Agent

Related

Liberation

Cooperation: Win/Win

Hold a Space

In Conversation

***Driver of Present  
Experience:***

*Your Invented Possible Future.*

Past —————> Now —————> Future

Was  
Did  
Had

Way of Being

Be  
Do  
Have